Songwords & activity sheets
for
HEADS SHOULDERS KNEES AND TOES (JCGCD606)
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Heads and shoulders, knees and toes
Heads and shoulders, knees and toes
Heads and toes and whiskers on the nose
Heads and shoulders here we go

(repeat)
SEE SAW MARGERY DAW

See saw Margery Daw
Johnny shall have a new master
He shall have but a penny a day
Because he can’t go any faster

(repeat)
INCY WINKY SPIDER

Incy Wincy spider climbed up the water spout
Down came the raindrops and washed poor Incy out
Out came the sunshine and dried out all the rain
So Incy Wincy spider climbed up the spout again

(repeat)
Unfortunately for copyright reasons, we are unable to supply lyrics for this song.
Here we go round the mulberry bush
The mulberry bush, the mulberry bush
Here we go round the mulberry bush
On a cold and frosty morning

This is the way we clap our hands
Clap our hands, clap our hands
This is the way we clap our hands
On a cold and frosty morning

This is the way we stamp our feet
Stamp our feet, stamp our feet
This is the way we stamp our feet
On a cold and frosty morning

This is the way we dance around
Dance around, dance around
This is the way we dance around
On a cold and frosty morning

This is the way we stretch up high
Stretch up high, stretch up high
This is the way we stretch up high
On a cold and frosty morning

Here we go round the mulberry bush
The mulberry bush, the mulberry bush
Here we go round the mulberry bush
On a cold and frosty morning

Here we go round the mulberry bush
The mulberry bush, the mulberry bush
Here we go round the mulberry bush
On a cold and frosty morning
WHERE IS THUMBKIN?

Where is Thumbkin?
Where is Thumbkin?
Here I am, here I am
How are you today sir?
Very well I thank you
Run away, run away

Where is Pointer?
Where is Pointer?
Here I am, here I am
How are you today sir?
Very well I thank you
Run away, run away

Where is Middle Man?
Where is Middle Man?
Here I am, here I am
How are you today sir?
Very well I thank you
Run away, run away

Where is Ring Man?
Where is Ring Man?
Here I am, here I am
How are you today sir?
Very well I thank you
Run away, run away

Where is Little Man?
Where is Little Man?
Here I am, here I am
How are you today sir?
Very well I thank you
Run away, run away
Run away, run away
MY HANDS UPON MY HEAD I PLACE

My hands upon my head I place
Upon my shoulders on my face
At my waist and by my side
And then behind me they will hide

Then I will raise them way up high
And make my fingers fly, fly, fly
Then clap, clap, clap and one, two, three
To see how quiet they can be

(repeat)
This old man he played one
He played nick nack on my drum
With a nick nack paddy wack
Give the dog a bone
This old man came rolling home

This old man he played two
He played nick nack on my shoe
With a nick nack paddy wack
Give the dog a bone
This old man came rolling home

This old man he played three
He played nick nack on my knee
With a nick nack paddy wack
Give the dog a bone
This old man came rolling home

This old man he played four
He played nick nack on my floor
With a nick nack paddy wack
Give the dog a bone
This old man came rolling home

This old man he played five
He played nick nack on my hive
With a nick nack paddy wack
Give the dog a bone
This old man came rolling home

This old man he played six
He played nick nack on my sticks
With a nick nack paddy wack
Give the dog a bone
This old man came rolling home

This old man he played seven
He played nick nack up in heaven
With a nick nack paddy wack
Give the dog a bone
This old man came rolling home
This old man he played eight
He played nick nack at my gate
With a nick nack paddy wack
Give the dog a bone
This old man came rolling home

This old man he played nine
He played nick nack on my spine
With a nick nack paddy wack
Give the dog a bone
This old man came rolling home

This old man he played ten
He played nick nack once again
With a nick nack paddy wack
Give the dog a bone
This old man came rolling home
I went to school one morning  
And I walked like this  
Walked like this, walked like this  
I went to school one morning  
And I walked like this  
All on my way to school  

I saw a little robin  
And I hopped like this  
Hopped like this, hopped like this  
I saw a little robin  
And I hopped like this  
All on my way to school  

I saw a shiny river  
And I splashed like this  
Splashed like this, splashed like this  
I saw a shiny river  
And I splashed like this  
All on my way to school  

I saw a little Pony  
And I galloped like this  
Galloped like this, galloped like this  
I saw a little Pony  
And I galloped like this  
All on my way to school  

I saw a tall policeman  
And I stood like this  
Stood like this, stood like this  
I saw a tall policeman  
And I stood like this  
All on my way to school  

I heard the school bell ringing  
And I ran like this  
Ran like this, ran like this  
I heard the school bell ringing  
And I ran like this  
All on my way to school
JCGCD606 TRACK 10 / 32

ROLY POLY

Roly poly, roly poly, hold your hands like this
Hold them both together and put them on your knee

Roly poly, roly poly, clap your hands like me
Clap them both together and put them on your knee

Roly poly, roly poly, shake your hands like me
Shake them both together and put them on your knee

Roly poly, roly poly, wave your hands like me
Wave them both together and put them on your knee

Roly poly, roly poly, hide your hands like me
Hide them both together and put them on your knee
JACK AND JILL

Jack and Jill went up the hill to fetch a pale of water
Jack fell down and broke his crown and Jill came tumbling after

Now up Jack got and home did trot as fast as he could caper
To old Dame Dob who patched his nob with vinegar and brown paper

Jill did laugh and Jack did cry, but his tears soon did abate
Then they did say that they should play at see-saw across the gate

Jack and Jill went up the hill to fetch a pale of water
Jack fell down and broke his crown and Jill came tumbling after
RING A RING A ROSES

Ring a ring a roses  
A pocket full of posies  
Attishoo, attishoo, we all fall down

The cows are in the meadow  
Eating buttercups  
One, two, three, we all jump up

(repeat)
WIND YOUR BOBBIN UP

Wind your bobbin up, wind your bobbin up
Pull, pull, clap, clap, clap
Wind your bobbin up, wind your bobbin up
Pull, pull, clap, clap, clap
Point to the ceiling, point to the floor
Point to the window, point to the door
Clap your hands together one, two, three
Put your hands upon your knee

Wind it back again, wind it back again
Pull, pull, clap, clap, clap
Wind it back again, wind it back again
Pull, pull, clap, clap, clap
Point to the ceiling, point to the floor
Point to the window, point to the door
Clap your hands together one, two, three
Put your hands upon your knee

Wind your bobbin up, wind your bobbin up
Pull, pull, clap, clap, clap
Wind your bobbin up, wind your bobbin up
Pull, pull, clap, clap, clap
Point to the ceiling, point to the floor
Point to the window, point to the door
Clap your hands together one, two, three
Put your hands upon your knee
PAT-A-CAKE PAT-A-CAKE

Pat a cake, pat a cake baker’s man
Bake me a cake as fast as you can
Pat it and prick it and mark it with ‘B’
Put it in the oven for baby and me

(repeat)
Round and round the garden
Went the teddy bear
One step, two step
Tickle you under there!

(repeat)
ONE POTATO TWO POTATO

In my little garden, now promise you won't laugh
I haven't any flowers, and I haven't any grass
But now I'm going to dig and plant, and soon I'll have a show
With a bit of sun and a bit of rain, they'll be lovely row

In my little garden, now promise you won't laugh
I haven't any flowers, and I haven't any grass
But now I'm going to dig and plant, and soon I'll have a show
With a bit of sun and a bit of rain, they'll be lovely row, of...

One potato, two potato, three potato, four
Five potato, six potato, seven potato, more
One potato, two potato, three potato, four
Five potato, six potato, seven potato, more

(repeat)
RIDE A COCK HORSE

Ride a cock horse to Banbury Cross
To see a fine lady on a white horse
Rings on her fingers, bells on her toes
She shall have music wherever she goes

(repeat)
JCGCD606 TRACK 18 / 32
OPEN SHUT THEM

Open shut them, open shut them
Give a little clap

Open shut them, open shut them
Lay them in your lap

Roll them, roll them, roll them, roll them
Roll them just like this

Shake them, shake them, shake them, shake them
Blow a little kiss

(repeat)
THE GRAND OLD DUKE OF YORK

Attention!

OK soldiers, get ready to march
Left, right, left, right, left, right, left, right, left, right, left, right

Oh the grand old Duke of York
He had ten thousand men
He marched them up to the top of the hill
And he marched them down again
And when they were up, they were up
And when they were down, they were down
And when they were only half way up
They were neither up nor down

(repeat verse)
I hear thunder, I hear thunder
Hark don't you, hark don't you?
Pitter, patter rain drops
Pitter, patter rain drops
I'm wet through, so are you

(repeat)
LITTLE TOPSY RABBIT

Little Topsy rabbit had a fly upon her nose
Little Topsy rabbit had a fly upon her nose
Little Topsy rabbit had a fly upon her nose
She flipped it and flopped it and it flew away

Shiny nose and curly whiskers
Shiny nose and curly whiskers
Shiny nose and curly whiskers
She flipped it and flopped it and it flew away

(repeat)

Shiny nose and curly whiskers
Shiny nose and curly whiskers
Shiny nose and curly whiskers
She flipped it and flopped it and it flew away

Shiny nose and curly whiskers
Shiny nose and curly whiskers
Shiny nose and curly whiskers
She flipped it and flopped it and it flew away
Oranges and lemons, say the bells of Saint Clements
You owe me five farthings, say the bells of Saint Martins
When will you pay me, say the bells of Old Bailey?
   When I grow rich, say the bells of Shoreditch
   When will that be, say the bells of Stepney?
I’m sure I don’t know, says the great bell at Bow
   Here comes a candle to light you to bed
   And here comes a chopper to chop of your head
THE TALL WHITE CANDLE STICK

Up the tall white candle stick
Crept little mousey brown
Right to the top
But he couldn't get down
So he called to his Grandma
Grandma, Grandma
But Grandma was in town
So he curled himself into a little ball
And rolled himself down

(repeat)
ONE FINGER ONE THUMB

One finger, one thumb keep moving
One finger, one thumb keep moving
One finger, one thumb keep moving
And we'll all be happy again

One finger, one thumb, one arm keep moving
One finger, one thumb, one arm keep moving
One finger, one thumb, one arm keep moving
We'll all be happy again

One finger, one thumb, one arm, one leg keep moving
One finger, one thumb, one arm, one leg keep moving
One finger, one thumb, one arm, one leg keep moving
We'll all be happy again

One finger, one thumb, one arm, one leg, one nod of the head keep moving
One finger, one thumb, one arm, one leg, one nod of the head keep moving
One finger, one thumb, one arm, one leg, one nod of the head keep moving
And we'll all be happy again

(repeat)
IF YOU'RE HAPPY AND YOU KNOW IT

If you're happy and you know it clap your hands
If you're happy and you know it stamp you feet
If you're happy and you know it wave your arms
If you're happy and you know it clap your hands
If you're happy and you know it stamp you feet
If you're happy and you know it wave your arms
If you're happy and you know it stamp you feet
If you're happy and you know it wave your arms
If you're happy and you know it clap your hands
If you're happy and you know it stamp you feet
If you're happy and you know it wave your arms
If you're happy and you know it clap your hands
If you're happy and you know it stamp you feet
If you're happy and you know it wave your arms
If you're happy and you know it clap your hands
HANDS ON HIPS

Hands on hips, hands on knees
Hands behind you, if you please
  Touch your shoulders
  Touch your toes
  Touch your knees
  And then touch your nose

Raise you hands, way up high
Let you fingers, swiftly fly
Hold them out, in front of you
While you clap them, one and two

(repeat)
Here is the church and here is the steeple
Open the doors and here are the people
Here is the parson going upstairs
And here he is saying his prayers

(repeat)
LONDON BRIDGE IS FALLING DOWN

London Bridge is falling down, falling down, falling down
London Bridge is falling down, my fair lady

London Bridge is falling down, falling down, falling down
London Bridge is falling down, my fair lady

London Bridge is falling down, falling down, falling down
London Bridge is falling down, my fair lady

We'll build it up with wood and clay, wood, and clay, wood and clay
Build it up with wood and clay, my fair lady

Wood and clay will wash away, wash away, wash away
Wood and clay will wash away, my fair lady

Build it up with iron and steel, iron and steel, iron and steel
Built it up with iron and steel, my fair lady

Iron and steel will bend and bow, bend and fold, bend and bow
Iron and steel will bend and bow, my fair lady

London Bridge is falling down, falling down, falling down
London Bridge is falling down, my fair lady

Build it up with silver and gold, silver and gold, silver and gold
Build it up with silver and gold, my fair lady

Silver and gold will be stole away, stole away, stole away
Silver and gold will be stole away, my fair lady

Set a man to watch all night, watch all night
Set a man to watch all night, my fair lady
Tommy Thumb, Tommy Thumb  
Where are you?  
Here I am, here I am  
How do you do?

Peter Pointer, Peter Pointer  
Where are you?  
Here I am, here I am  
How do you do?

Middle Man, Middle Man  
Where are you?  
Here I am, here I am  
How do you do?

Ruby Ring, Ruby Ring  
Where are you?  
Here I am, here I am  
How do you do?

Baby Small, Baby Small  
Where are you?  
Here I am, here I am  
How do you do?

Fingers all, Fingers all  
Where are you?  
Here we are, here we are  
How do you do?
Row row row your boat
Gently down the stream
Merrily, merrily, merrily, merrily
Life is but a dream

(repeat)
WHEELS ON THE BUS

The wheels on the bus go round and round
Round and round, round and round
The wheels on the bus go round and round
All day long

The horn on the bus goes beep beep beep
Beep beep beep, beep beep beep
The horn on the bus goes beep beep beep
All day long

The windscreen wipers go swish swish swish
Swish swish swish, swish swish swish
The windscreen wipers go swish swish swish
All day long

The people on the bus bounce up and down
Up and down, up and down
The people on the bus bounce up and down
All day long

The daddies on the bus go nod nod nod
Nod nod nod, nod nod nod
The daddies on the bus go nod nod nod
All day long

The mummies on the bus go chatter chatter chatter
Chatter chatter chatter, chatter chatter chatter
The mummies on the bus go chatter chatter chatter
All day long
Heads and shoulders, knees and toes
Heads and shoulders, knees and toes
Heads and toes and whiskers on the nose
Heads and shoulders here we go

(repeat)
Where are the boys head, shoulders, knees and toes?
Draw an arrow from the word to the correct places on his body.
JACK AND JILL

Jack and Jill went up the hill
To fetch a pail of water
Jack fell down and broke his crown
And Jill came tumbling after

Circle the boy who is down.

Circle the girl who is up.

Colour the boy who is up.

Colour the girl who is down.

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uniting children around the world
THE GRAND OLD DUKE OF YORK

The grand old Duke of York
He had ten thousand men
He marched them up to the top of the hill
And he marched them down again

Colour 1 Duke red and 5 Dukes blue.
Write the answers to the questions.

How many oranges can you see?  
How many lemons can you see?  
How many coins can you see?  
How many bells can you see?